




Whereas by the grace of god, the title

ANANDA YOGATEACHER

has been granted to

MARTHA NOVY

As a result of steady practice of the
integral HATHA- and KUNDALINI yoga (yoga of energy) techniques.

ANANDA yogateacher training course is 
(a 60 minutes) certified, according to YogaAlliance® standards.

We make this award with a prayer
to the almighty to bless the yogateacher
ANANDA with peace, ananda, prosperity,
health, long life and spiritual enlightenment.

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May the recipient continue to be worthy of
this title through the continued growth and
development of spiritual practices.

School owner

Andrea Rastl

Mag. Andrea Sri Devi Rastl | E-RYT 500

Vienna, 26.11.2017